

Evropski centar za mir i razvoj Terazije 41 11000 Beograd, Serbia

ECPD Headquarters

European Center for Peace and Development Centre Européen pour la Paix et le Développement Centro Europeo para la Paz y el Desarrollo Европейский центр мира и развития



University for Peace est. by the United Nations

27 February 2024

The European Center for Peace and Development University for Peace established by the United Nations in cooperation with the ECPD International Center for Integrative Medicine, in the framework of the ECPD International Program of Transfer of Knowledge System, organize

II ECPD SPECIALIST SEMINAR

MEDICINAL PLANTS, PHYTOTHERAPY AND AROMATHERAPY

(Belgrade, 1-2 June 2024)

We have the pleasure to invite you to participate in the work of this ECPD Seminar, which represents a synthesis of contemporary achievements in phytotherapy, through a multidisciplinary and holistic approach from the aspect of social medicine, traditional nutrition, phytopharmacy, pharmacognosis, clinical branches of medicine, food processing technologies and nutrition, nutritionism and diet respectively, with a view to improving quality of life. In the framework of the Seminar, a program of continuing medical education, for medical doctors, doctors of dental medicine, pharmacists and medical nurses is also included.

The **Co-Directors** of the Seminar are **Prof. Dr. Natalino Petti**, naturopath, Director of the School of Evolutionary Naturopathy (Bari, Trieste, Nova Gorica), president of the International Academy for Global Dynamics of Well-Being and Health, Italy, and **Prof. Dr. Anđelka Lazarević**, long-standing Director of the Faculty of Applied Health Sciences in Belgrade and professor of the ECPD UN University for Peace.

During the Seminar participants will have the opportunity to gain knowledge on the latest achievements in the field of medicinal plants and their application, practices in pharmacy, medicine, phytotherapy, and cosmetology.



Program

The following thematic fields are included in the Program:

- 1. Self-seeding and grown medicinal herbs basis for pharmaceutical and cosmetics industry
 - Self-seeding (wild) medicinal herbs standards for harvesting and protection of plant species
 - Grown medicinal plants preparation and principles of planting

2. Principles of Phytotherapy

- Significance of medicinal plants in health protection of the popullation
- Principles and history of Phytotherapy
- Plant-based drugs and review of active matter
- Principles of Phytotherapy and rational Phytotherapy
- Plant preparations (herbal drugs, extracts, essential oils)
- Pharmaceutical forms of plant preparations: solution (herbal drops, tonic, syrup), semi-solid forms (gel, cream, ointment) and solid forms (instant tea, tablets, capsules)

3. Principles of Aromatherapy

- Principles of essential oil production
- Refining and quality of essential oils
- Application methods
- Profile of the most common essential oils
- 4. Preventive and anti-ageing phytotherapy
- 5. Phytotherapy in oncological, cerebrovascular and other diseases
- 6. Medicinal plants in Microbiotics and Homeopathy

Certificate

ECPD will provide participants of the Seminar with appropriate literature and teaching materials to help them follow the lectures effectively and study the teaching materials after the Seminar, along with authorized lecturer's texts.

Participants who have successfully completed the Seminar will obtain an internationally recognized **Certificate** of the **European Center for Peace and Development of the UN University for Peace**.



Application Form and Participation Fee

The participation fee for the Seminar is 290 EUR. Non-Balkan region Fee: 450 EUR.

Application should be sent to: European Center for Peace and Development UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; Tel: +381 11 3246 041; E-mail: ecpd@Eunet.rs and office@ecpd.org.rs; www.ecpd.org.rs

Looking forward to your application and meeting you soon, we remain,

Sincerely yours,



DIRECTOR OF ECPD BIOMEDICAL AND MEDICAL STUDIES (Academician Vladimir Kanjuh)

& Marox



II ECPD SPECIALIST SEMINAR

MEDICINAL PLANTS, PHYTOTHERAPY AND AROMATHERAPY

(Belgrade, 1 – 2 June 2024)

APPLICATION FORM

Name and surname

Educational background

Specialty

Organization (name, address, phone)

Workplace or function

Address for correspondence (if different than the given one)

Phone

Fax

E-mail address:

Licence number

The Application Form should be submitted to the European Center for Peace and Development University for Peace, Terazije 41, 11000 Belgrade; Tel: +381 11 3246 041; E-mail: office@ecpd.org.rs and ecpd@eunet.rs; www.ecpd.org.rs

The participation fee should be paid through ECPD account. Regarding the payment instructions and pro-forma invoice, please contact ECPD Financial Department: Tel: +381 11 3246 041; E-mail: office@ecpd.org.rs and ecpd@eunet.rs

Place and date

Applicant

(Signature)