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**ECPD Headquarters** 

European Center for Peace and Development Centre Européen pour la Paix et le Développement Centro Europeo para la Paz y el Desarrollo Европейский центр мира и развития



University for Peace established by the United Nations

Belgrade, 22 August 2019

European Center for Peace and Development (ECPD) of the University for Peace established by the United Nations, in the framework of the ECPD International Program of Transfer of Knowledge System in the field of Biomedical and Medical Sciences, under the auspice of the Ministries of Health of Serbia, of Montenegro, of Bosnia and Herzegovina, Ministry of Health and Social Welfare of the Republic of Srpska and in cooperation with the Istituto Superiore di Sanità (Italy), National School of Public Health of Greece and South-Eastern Europe Health Network (SEEHN), organizes

### ECPD INTERNATIONAL SPECIALIST SEMINAR SYSTEMIC FAMILY PSYCHOTHERAPY

WITH THE MAIN TOPIC

# FAMILY INTERVENTIONS IN DIFFERENT ASPECTS OF FAMILY LIFE

(Belgrade, 21 - 25 September 2019)

**European Centre for Peace and Development University for Peace established by the United Nations is** organising this specialist Program focusing on the importance of education in different aspects of family life and different types of family interventions. The main goal of the Seminar is to improve understanding of functional and dysfunctional family systems, given that at this moment we face very serious problems: divorce rate is increasing rapidly, child abuse is one of the most serious social problem in the world, sexual abuse of children occurs primarily within the family, family violence is dramatically increasing and youth suicide is often related to family dynamics.

The Program Director and leading lecturer is Prof. Dr. Mila Goldner Vukov, a member of the Royal Psychiatric College of Australia and New Zealand and one of the founders of family psychotherapy in South East Europe.

The seminar is internationally and nationally accredited (By the Health Council of Serbia the Seminar is accredited with 12 points for lecturers and



### 6 points for participants. The accreditation number of the Seminar is A-1-1254/19.)

Dysfunctional families are sometimes hidden in "nice wrappings" of narcissistic family systems or families with authoritarian parents and family dynamics that create children who become a danger to society. In order to recognise all the different types of families, we have to be educated in how to assess family functioning and to understand better the differences in functioning of male and female brains in order to educate partners better in the process of couple therapy. Taking into consideration biological and psychological differences, partners can use biological and social skills for better communication and problem solving.

Getting to know the complexity of family dynamics in mother - daughter, father - son and siblings relationships will help the professional people to adjust their interventions when working on the improvement of those relationships.

Family interventions are very important in perinatal psychiatry, in problems with fertility and in psycho-oncology. Our focus is primarily on the positive aspects in family dynamics using the concepts of positive psychology. Contemporary psychiatry uses a positive approach in the treatment of psychiatric disorders, which focuses on strengths and solutions and less on the identification of problems. The positive psychiatry concept is applicable in mental health as well as in somatic conditions. Positive psychiatry with a focus on positive family therapy is highly recommended for children and adolescent. Positive family therapy which is based on positive psychology and family systems therapy is highly recommended in dealing with family and couple problems.

Family interventions have one more important goal which is to improve the individuals and family's resilience. When a family is resilient, the majority of problems that are the result of family dynamics or from cultural and societal milieu can be solved on a more functional level.

#### **Program**

**The main topics** of the Seminar include the following:

- FUNCTIONAL FAMILY
- THE SPECTRUM OF DIFFERENT TYPES OF FAMILIES
- ASSESSMENT OF FAMILY FUNCTIONING
- GENOGRAM
- UNDERSTANDING MALES AND FEMALES BRAIN
- DIFFERENT FACES OF LOVE
- MOTHER-DAUGHTER RELATIONSHIP
- FATHER-SON RELATIONSHIP



- SIBLING'S RELATIONSHIPS
- FAMILY INTERVENTIONS: DOMESTIC VIOLENCE, PERINATAL HEALTH, FERTILITY ISSUES AND PSYCHO-ONCOLOGY.
- POSITIVE FAMILY THERAPY
- POSITIVE PSYCHIATRY AND POSITIVE INDIVIDUAL AND FAMILY THERAPY IN SOME PSYCHIATRIC AND SOMATIC PROBLEMS
- HOW TO IMPROVE RESILIENCE

#### Lecturers

- **Prof. Dr. Mila Goldner Vukov**, FRANZCP, psychiatrist and psychotherapist, member of the Royal Psychiatric College of Australia and New Zealand, a consultant in Maternal Mental Health Whirinaki
- Prof. Dr. Slavica Đukić Dejanović, Minister without Portfolio in the Government of the Republic of Serbia and Professor of ECPD University for Peace UN
- **Prof. Dr. Zoran Zoričić**, psychiatrist and psychotherapist, Director of the Institute for Alcoholism and Other Addictions, President of the Croatian Association of KLA, Zagreb
- **Prof. Dr. Petar Nastasić**, psychiatrist and psychotherapist, professor at the ECPD University for Peace UN, Belgrade
- **Prof. Dr. Jelena Srna**, specialist in medical psychology, family therapist, professor at the Department of Psychology at the Faculty of Philosophy in Belgrade
- **Prof. Dr. Nevena Čalovska Hercog**, psychiatrist and psychotherapist, Secretary General of the European Association for Family Therapy, Professor at the Faculty of Media and Communication, Belgrade
- **Dr. Sci. med. Snežana Mijalković**, ECP, psychiatrist, psycho-oncologist and psychotherapist, Counseling for psycho-oncology Clinic for gynecology and obstetrics, Clinical Center of Serbia, Belgrade, Serbia
- **Dr. Sci. Miroslava Maksimović**, ECP, specijalista medicinske psihologije, porodični terapeut i psihoterapeut, Psychiatric Department General Hospital Valievo

#### Certificate

Based on the participation in lectures and acquired knowledge and skills during the Seminar, participants will receive an internationally valid **Certificate of the ECPD University for Peace established by the United Nations**.



**Participation fee** for the Seminar is **EUR 590**. Payment of the Registration Fee made up to **September 1, 2019** is granted a **10% discount**.

**An application** should be delivered to the following address: European Center for Peace and Development (ECPD) UN University for Peace, Terazije 41, 11000 Belgrade, Serbia; Tel: +381 3246 041; Fax: +381 11 3240-673; E-mail: ecpd@Eunet.rs and office@ecpd.org.rs; www.ecpd.org.rs

We are looking forward to receiving your application and welcoming you at the Seminar.

Sincerely yours,

SEMINAR DIRECTOR (Prof. Dr. Mila Goldner Vukov)

ECPD EXECUTIVE DIRECTOR (Prof. Dr. Negoslav Ostojić)



EUROPEAN CENTER FOR PEACE AND DEVELOPMENT (ECPD) UNIVERSITY FOR PEACE ESTABLISHED BY THE UNITED NATIONS

# ECPD INTERNATIONAL SPECIALIST SEMINAR SYSTEMIC FAMILY PSYCHOTHERAPY

(Belgrade, 21 - 25 September 2019)

### **APPLICATION FORM**

. First and last name
2. Qualifications
3. Specialty
Programme (name, address, telephone)
5. Job or position
5. Contact address (if different from above-specified)
7. Telephone
FaxE-mail address:
B. Licence number:
Department: Tel: +381 11 3246 041; E-mail: ecpd@EUnet.rs and office@ecpd.org.rs
Note: A copy of your Diploma must be delivered!
Place and date: Applicant: